

38% fewer

**HOSPITAL READMISSIONS WITH
REMOTE PATIENT MONITORING**

BP

High Blood
Pressure

D

Diabetes

HR

Heart
Disease

COPD

COPD /
Asthma

LIVE BETTER WITH REMOTE PATIENT MONITORING

Your TeleCARE care team monitors your vital signs from home, helping your provider identify changes earlier and respond before they become emergencies.

YOUR DEVICES MAY INCLUDE

- ✓ Blood pressure cuff
- ✓ Blood glucose meter
- ✓ Pulse oximeter (SpO2)
- ✓ Digital scale
- ✓ Heart rate monitor
- ✓ Thermometer

DEVICES PROVIDED AT NO COST TO YOU

We ship connected monitoring devices directly to your home and help you get started. Most patients can begin taking readings within minutes.

**Cellular-enabled devices.
No WiFi or smartphone required.**

**If you have Medicare and
a chronic condition, you
may qualify for RPM.**

CKD

Kidney Disease

Wt

Weight
Management

+

Other Chronic

WHAT IS REMOTE PATIENT MONITORING (RPM)?

RPM allows your healthcare provider to monitor health readings from home. Connected devices securely transmit information such as blood pressure, glucose, oxygen level or weight to your care team.

BENEFITS INCLUDE

- ✓ Earlier identification of health concerns
- ✓ Ongoing support between appointments
- ✓ Fewer unnecessary clinic and emergency visits
- ✓ Better communication with your care team
- ✓ Greater confidence managing your health

HOW YOUR DATA IS USED

Your provider can review patterns, averages, highs and lows to better understand your health and adjust your care plan when needed.

MEDICARE-COVERED PROGRAM



**Connect with your care
team today**



1-888-563-6846

Covered by Medicare Part B
No WiFi or smartphone required

www.telecare-usa.com



Getting started

with TeleCARE RPM



HOW DOES RPM WORK?

RPM lets your provider monitor your vital signs from home. Devices like blood pressure monitors, glucose meters, and pulse oximeters send real-time data to your doctor, helping manage chronic conditions early.

Your daily readings are automatically sent to your provider's office 24/7 in real time. If an abnormal reading is detected, your healthcare provider is notified immediately. Your clinic may reach out to schedule an appointment.

DO YOU QUALIFY?

- ✓ Have Medicare Part B
- ✓ Have a chronic condition requiring monitoring
- ✓ Have been prescribed RPM by your provider

Conditions may include: high blood pressure, diabetes, heart disease, COPD, kidney disease, and other chronic conditions.

WHAT TO EXPECT

- ✓ Devices arrive by mail within 3–5 business days
- ✓ A care coordinator calls to help you set up
- ✓ Take daily readings at the same time each day
- ✓ Your care team contacts you if needed
- ✓ Monthly check-in calls to review progress

3 easy steps

- 1 Talk to your healthcare provider**
about enrolling in RPM.
- 2 Get connected**
TeleCARE will ship your devices to you.
- 3 Take a reading each day**
so your provider can view your data.

Contact us

Phone: 1-888-563-6846

Web: telecare-usa.com

Email: info@telecare-usa.com



Scan to get started



FREQUENTLY ASKED QUESTIONS

Is there a cost to me?

RPM is covered by Medicare. You may have a small co-pay depending on your supplemental coverage. Ask your provider for details.

What devices will I receive?

Based on your condition, you may receive a blood pressure cuff, glucose meter, pulse oximeter, or scale. Devices are shipped directly to your home at no cost.

How much time is required?

Just a few minutes each day to take your readings. The device does the rest — transmitting data to your care team.

Will this replace my doctor?

No. TeleCARE works alongside your existing provider. We enhance your care and never replace your physician relationship.

Do I need WiFi or a smartphone?

No. TeleCARE RPM devices use built-in cellular connectivity to transmit your readings. No technical setup needed.

What if I get an abnormal reading?

Your care team is notified immediately. A nurse may call you the same day to coordinate next steps with your physician.