



# Remote Patient Monitoring (RPM)



**Remote Patient Monitoring (RPM) empowers healthcare providers to make timely, data-driven decisions by continuously monitoring patients' health metrics. Devices like blood pressure monitors, glucose meters, pulse oximeters, and scales transmit real-time data to healthcare providers, offering a comprehensive view of patient health.**

## HOW RPM WORKS

**Device Assignment:** Patients are assigned devices that monitor their health metrics. Medicare and commercial insurances reimburse providers for the testing supplies as needed using CPT code 99453.

**Data Transmission:** Daily readings are automatically transmitted to TeleCare USA's portal where the provider's office has access 24/7. Our devices transmit data via a 4G cell signal built into the device (or through an app on a patient's smartphone) via Bluetooth. The 4G cell signal is especially convenient for older patients.

**Provider's Review:** Providers can view data in real-time and in visual graphs to understand trends and adjust treatments as needed.

**Billing & Reimbursement:** Medicare provides a national average monthly reimbursement of \$220.55 for codes 99454, 99457, and three units of 99458, and most commercial payors also cover RPM services.

## MEDICAL BENEFITS



**Enhanced Decision Making:** Continuous, real-time data allows for more accurate diagnoses and timely adjustments to treatment plans.



**Improved Patient Outcomes:** Early detection of health issues leads to better management of chronic conditions and reduced hospital admissions.



**Increased Efficiency:** Reduces the need for frequent clinic visits which saves time for both patients and healthcare providers.



**Accurate Health Insights:** Provides reliable health data that patients might otherwise forget or misreport during office visits.

## TECHNOLOGY HIGHLIGHTS

Our devices are FDA approved, validated, and clinically tested to ensure the highest standards of patient care. The TeleCare USA portal, available 24/7, provides detailed insights into each patient's health. It displays individual readings, weekly averages, monthly averages, 3-month averages, and plotted visual graphs for any date range the provider wishes to see. These comprehensive data points enable healthcare providers to make informed medical decisions, monitor patient progress effectively, and adjust treatments promptly.

**To learn more about how TeleCare USA can benefit your practice and patients, reach out to us. Our team is ready to help you implement RPM and take your patient care to the next level. We work on a month-to-month basis with no long-term contracts, providing flexibility and peace of mind.**



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# Why Choose TeleCare USA?

**CPT Guarantee (All Inclusive Package):** If a CPT code is not generated for a patient for the month, we waive our fee for that patient for that month.

**No Device Costs:** There is NO charge for devices sitting on your shelf; you only pay for active monitoring.

**Comprehensive Support:** We handle patient onboarding, monitoring and reporting, allowing you to focus on patient care. Each month, we provide a detailed billing report that outlines the specific CPT codes to bill for each patient, simplifying the billing process for clinics. **Note:** Clinics are responsible for the actual billing and collection of copays.

**Self-Monitoring Options:** We offer self-monitoring packages where the clinic monitors the patient's readings uploaded to the portal and makes necessary patient calls, ensuring flexibility and convenience.

## PACKAGE OPTIONS

### DIY Package (\$49.10/mo)

- ✓ Portal access
- ✓ Reporting
- ✓ Tech support
- ✓ Out-of-range measurement alerts 24/7
- ✓ Patient onboarding assistance
- ✓ Devices and supplies included

*The clinic manages patient contact and documentation of measurements.*

### Essentials Package (\$65.53/mo)

- ✓ Portal access
- ✓ Reporting
- ✓ Tech support
- ✓ Out-of-range measurement alerts 24/7
- ✓ Patient onboarding assistance
- ✓ Devices and supplies included
- ✓ Full-service monitoring

*The clinic manages patient contact.*

### All Inclusive Package (\$77.10/mo)

- ✓ Portal access
- ✓ Reporting
- ✓ Tech support
- ✓ Out-of-range measurement alerts 24/7
- ✓ Patient onboarding assistance
- ✓ Devices and supplies included
- ✓ Full-service monitoring
- ✓ CPT Guarantee

*Our staff will be the contact point for test reminders, battery checks, etc.*



## FINANCIAL AND CLINICAL BENEFITS

By implementing RPM, clinics not only enhance patient care but also create opportunities for substantial revenue. Medicare and other commercial insurances reimburse providers using specific CPT codes: 99453, 99454, 99457, 99458, 99091, and G0511 (for FQHCs). These reimbursements ensure that while patients receive top-notch care, the clinics can also achieve financial sustainability and growth. This dual benefit supports the primary goal of helping patients while maintaining a profitable practice.

## CASE STUDY

A client shared a success story about a patient with elevated blood pressure. After using RPM to track the readings for a week, the clinic was able to adjust the patient's medication dosage promptly and schedule a follow-up appointment. This immediate intervention prevented delays and ensured accurate medication adjustments. The client emphasized that *"without RPM, a patient may have called with the report of high BP readings, and I would not have been able to verify or feel comfortable increasing medication until a visit, which would have delayed care."*



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